**NewHope** 

Gifts of food and toiletries



# Here are some things that we need:

### Household

Washing up liquid Dishwasher tablets Washing powder Kitchen foil / cling film Cleaning products Disinfectant spray Scourers / cloths Air freshener

### **Toiletries**

Spray deodorant
(male and female)
Shower gel /
body wash
Shaving gel / foam
Razors
Shampoo
Conditioner
Moisturiser
Pump soaps
Brushes
Combs

Paper towels

## **Beverages**

Coffee
Tea
Long life milk
Instant hot chocolate
Fruit squash
Large cartons long life
fruit juice
Cans fizzy drinks
Individual cartons fruit
juice / soft drink
Small bottles water

# **Baby and Child**

Nappies for all ages Baby wipes Aptimal formula milk for all ages

Please check that items (including tolietries) don't contain alcohol.

## **Groceries**

Sugar Individual chocolate bars / biscuits Packets biscuits Cereal bars Individual bags crisps Pot noodles / pasta Pot porridge Mug shots Cup a Soups Jam Chocolate spread Smooth peanut butter Marmite Breakfast cereals (especially porridge) Mayonnaise Salad cream Tomato sauce Brown sauce **BBQ** sauce Pickle Chutney Pasta sauces

Cooking oil (not olive)

## **Tinned food**

Tuna Corned beef Luncheon meat / chopped pork Hot dogs / frankfurters Ready meals eg: ravioli, macaroni cheese, chili, stew **Potatoes** Mushrooms Sweetcorn Soup Baked beans Spaghetti / Hoops Plum tomatoes Fruit



## For further details:

visit newhope.org.uk/giftsoffood

contact Rebecca at rpalmer@newhope.org.uk

**or call** 01923 227 132.

You can also donate money online to our **Fresh Food Fund** newhope.org.uk/freshfoodfund